

BEHAVIOURAL NEUROLOGY ROUNDS

Exercise Matters: How to Promote Brain Health in the Golden Years

Presented by

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Objectives:

1. To briefly review the dual threats to graceful brain aging: Alzheimer's and Stroke
2. To discuss their risk factors and how we can fight back
3. To summarize the literature on the importance of physical exercise in maintaining brain health

Wednesday, February 6, 2008

8:00am - 8:45am: Presentation

8:45am - 9:00am: Interactive session

Televised from
Sunnybrook Health Sciences Centre Room A450

Baycrest Site
Classrooms ABC

This event is an accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

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Lundbeck Canada Inc., Novartis Inc., and Pfizer Canada which support these rounds**

* Rounds are Restricted to Health Care Professionals